

## **Driving Directions to Dr. Cole**

### **Center for Age Management**

**561 Saxony Place, Suite 101**

**Encinitas, CA 92024**

**760-633-1315**

#### **Coming from Downtown San Diego Area or La Jolla**

Take I-5 North; take the Encinitas Blvd. Exit. Make a right at Encinitas Blvd. Turn left at Saxony Rd. Take the 2<sup>nd</sup> left onto Saxony Place.

#### **Coming from North, Riverside / Los Angeles Area**

Take I-5 South; take the Encinitas Blvd. Exit. Make a left at Encinitas Blvd. Turn left at Saxony Rd. Take the 2<sup>nd</sup> left onto Saxony Place.

#### **Coming from Rancho Bernardo/Poway Area/Temecula Valley**

Take I-15 South to I-56 West, take the El Camino Real Exit. Continue straight. Turn right to merge onto I-5 North; take the Encinitas Blvd. Exit. Make a right at Encinitas Blvd. Turn left at Saxony Rd. Take the 2<sup>nd</sup> left onto Saxony Place.

For your convenience you may also visit our website at [www.agingbetter.com](http://www.agingbetter.com) for more directions. Simply add your address to receive personalized directions and map.